



ISSUE RLCMD / NL<sup>o</sup>1 | 2024 - VOL 1 (JAN-MAR)

# REFLECTIONS

## NEWSLETTER BY LCMD

**SILVER JUBILEE**  
EDITION



**YEARS OF  
EXCELLENCE**

✉ [reflection.newsletter@lcmd.edu.pk](mailto:reflection.newsletter@lcmd.edu.pk)

📍 ST-19, Block - 15, KDA Scheme 36, Gulistan-e-Jauhar, Karachi. UAN: III - 300 - 999



بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

وَعَدَ اللّٰهُ الَّذِیْنَ - اٰمَنُوْا وَعَمِلُوا الصّٰلِحٰتِ  
مِنْهُمْ مَّغْفِرَةًۭ فَاَجْرًا عَظِیْمًا

AlQuran48-29

*To those among them who believe and work righteous deeds,  
Allah has promised forgiveness and a splendid wage.*

جو لوگ ایمان سے ایسا لائے اور نیک عمل کرتے رہے اس سے  
اللہ نے گناہوں کو بخشش اور اجر عظیم کا وعدہ کیا ہے



## Chairman's Message

### DEAR LCMD COMMUNITY

I am immensely pleased to extend my heartfelt congratulations to Prof. Dr. Navid Rashid Qureshi's, the esteemed faculty, and the dedicated staff of the Liaquat College of Medicine & Dentistry on the momentous occasion of completing the 25th Year Silver Jubilee Anniversary of our esteemed College of Dentistry.

As we commemorate this remarkable milestone, I find myself reflecting on the exceptional journey that has led us here. Over the past twenty-five years, our College of Dentistry under Prof. Dr. Navid Rashid Qureshi's leadership has consistently strived for excellence in education, research, and patient care, becoming a beacon of knowledge and innovation in the field of dentistry. The collective efforts of our esteemed faculty, under Prof. Dr. Navid Rashid Qureshi's astute leadership, have played an instrumental role in nurturing and shaping the minds of countless students who have walked through our doors. His unwavering commitment to academic excellence, coupled with the dedication of our staff, has been the cornerstone of our success. This Silver Jubilee Anniversary stands as a testament to the tireless dedication, passion, and perseverance of everyone involved in making our College of Dentistry a center of academic distinction and a hub of dental excellence. As we celebrate this remarkable milestone, let us not only revel in our past achievements but also look forward to the future with renewed vigor and enthusiasm. Together, let us continue to uphold our commitment to providing exceptional education, fostering groundbreaking research, and delivering outstanding dental care to our community. On behalf of the Board of Directors and the entire Liaquat College of Medicine & Dentistry family, I extend my warmest congratulations once again. May this Silver Jubilee Anniversary be a celebration of our accomplishments and an inspiration for the promising endeavors that lie ahead.



Mr. Amir Waliuddin Chishti



## Vice Chairman's Message

It is with immense pleasure and pride that I extend my warmest congratulations to you, along with the revered faculty and dedicated staff of the Liaquat College of Medicine & Dentistry, on the remarkable occasion of completing the 25th Year Silver Jubilee Anniversary of our distinguished College of Dentistry. This significant milestone stands as a testament to the unwavering commitment,



Dr. Syed Ali Farhan Razi

dedication, and excellence demonstrated by everyone associated with our College of Dentistry. Over the past twenty-five years, the relentless efforts of our faculty and staff, under Prof. Dr. Navid Rashid Qureshi's esteemed leadership, have transformed our institution into a paragon of educational brilliance and innovation in the field of dentistry. The Silver Jubilee Anniversary serves as a poignant reminder of the numerous achievements, milestones, and triumphs that have shaped our journey this far. It is a celebration of the profound impact our institution has had on the lives of countless students and the community at large. Prof. Dr. Navid Rashid Qureshi's visionary leadership, coupled with the diligence and expertise of our faculty and staff, has been instrumental in nurturing a culture of academic excellence and fostering an environment where students flourish and aspirations are realised. As we commemorate this remarkable occasion, let us take a moment to honour the dedication and hard work that have brought us to this juncture. Moreover, let us look forward to the future with optimism, enthusiasm, and a renewed commitment to further elevate our standards of education, research, and patient care. On behalf of the Vice Chairman's Office and the entire Liaquat College of Medicine & Dentistry community, I extend my heartfelt congratulations once again. May this Silver Jubilee Anniversary be a catalyst for new milestones and inspire us to reach greater heights of success and distinction in the years ahead.



# Editor-In-Chief's Message

Dear Faculty and Students,  
 I am delighted to extend my warmest congratulations to every one of you on the momentous occasion of Liaquat College of Medicine & Dentistry's Silver Jubilee. This remarkable milestone is a testament to our collective dedication, hard work, and unwavering commitment to excellence in education and healthcare.

I am equally thrilled to introduce the inaugural issue of our Reflections newsletter. This newsletter will serve as a platform to showcase the exceptional achievements, talents, and contributions of our faculty and students.

It will be a testament to our ongoing journey towards academic and professional excellence. As we celebrate this significant milestone and launch our newsletter, let us reaffirm our commitment to nurturing and empowering the next generation of healthcare professionals. Together, we will continue to innovate, inspire, and make a positive impact on the healthcare landscape. Here's to 25 years of excellence, and many more years of success and growth ahead. Congratulations once again to all of us!



**Prof. Dr. Navid Rashid Qureshi**  
 Principal, Liaquat College of Medicine & Dentistry



# Associate Editor's Message

I am thrilled to announce the release of our very first issue of Reflections by LCMD Newsletter. This is a momentous occasion that we all have been waiting for, and I am honoured to be the associate editor of this publication.

Our goal with this newsletter is to provide a platform for our college faculty and students to showcase their incredible diversity and talent to the world. I believe this publication will not only serve as a source of entertainment and inspiration but also as a channel for our voices to be heard and our stories to be shared. As an associate editor, I am proud to see the hard work and creativity of our talented team and I look forward to seeing your continued involvement in our upcoming issues. A special thanks to our Principal & Editor In Chief Newsletter, Prof. Dr. Navid Rashid Qureshi without whose support it was not possible.

We hope you enjoy reading our first Reflections by LCMD.



**Dr. Anjum Fahad**





## Vice Principal, COD Message

Having the honour of been amongst the pioneers of this institution, the journey is etched in my memory that has been nothing short of remarkable, filled with challenges, triumphs, and invaluable lessons. I am deeply grateful for the invaluable grooming and mentorship I've received from the institute, particularly from our esteemed Principal and supportive Management. On this momentous occasion, I would also like to extend my heartfelt congratulations to the team behind the inaugural newsletter: 'Reflections by LCMD' - the Silver Jubilee Edition. Here's to 25 years of excellence, and to many more years of inspiring achievements and transformative impact.



**Prof. Naheed Najmi**  
Vice Principal, COD



## HOD Orthodontics's Message

As a professor Orthodontics, I have had the privilege of witnessing the growth and development of our institution over the period of 25 years. I am honored to be a part of this remarkable journey and to have the opportunity to work alongside with such talented and committed individuals. Together, we have made significant contributions in the field of medical and dental education.



**PROF. DR. ATTIYA SHAIKH**



## HOD Prosthodontic's Message

As we commemorate the 25th anniversary of our esteemed dental college, I am filled with a sense of pride and gratitude for the journey we have embarked upon together. Over the past quarter-century, LCMD has stood as a beacon of excellence in dental education, research, and community service. As the head of the Prosthodontics department, I am privileged to witness the remarkable achievements of our faculty, staff, students, and alumni. From groundbreaking research to compassionate patient care, our collective efforts have propelled our college to the forefront of dental education and innovation.



**PROF. DR. IRUM MUNIR RAJA**





## Administrator QDH's Message

As we commemorate the historic 25th anniversary of Liaquat College of Medicine & Dentistry, I am filled with profound gratitude and admiration for the remarkable journey we have traversed together. My own odyssey began within these hallowed halls as a student of the pioneer batch, and it was here that I witnessed firsthand the exceptional standard of care, unwavering professionalism, and unparalleled expertise that are the hallmarks of this revered institution.

Upon choosing to pursue my post-graduation at LMCD, I was guided by a deep conviction that the level of commitment to excellence, combined with a nurturing environment for

both personal and professional growth, was indeed rare and invaluable. Today, after completing my post-graduate studies and having had the privilege of contributing to LMCD for the past 13 years, I can attest to the enduring spirit of progress and dedication that continues to propel our institute towards greater heights.

The College of Dentistry stands as a testament to our commitment to excellence, boasting a diverse array of basic and clinical departments that offer a comprehensive range of educational programs, including graduate and postgraduate courses such as MCPS, FCSP, and MDS. The faculty's dedication to nurturing the next generation of dental professionals is reflected in the achievements and successes of our students, who continue to uphold the legacy of excellence instilled in them during their time at LMCD.

Our collaborations with esteemed institutions and our active participation in national and international events have further solidified our position as a key player in the field of dental education and healthcare. The impact of LMCD resonates far beyond our immediate community, and our influence continues to grow as we strive to push boundaries and redefine standards in dental care.

As we celebrate this momentous occasion and launch the LCMD Reflections and QDH Bulletin, I am filled with a sense of pride and optimism for the future of our institute. These newsletters will serve as a platform to showcase the glorious moments, outstanding achievements, and eventful activities that have shaped our journey thus far, providing a window into the rich tapestry of experiences that have defined LMCD over the past 25 years.

I extend my heartfelt congratulations to each member of the LMCD family on this auspicious occasion. It is through our collective efforts, shared vision, and unwavering commitment to excellence that we have reached this significant milestone. As we look towards the future, I am confident that LMCD is poised to achieve even greater recognition and acclaim, setting a standard of excellence that will undoubtedly pave the way for our evolution into a distinguished university in the years to come.

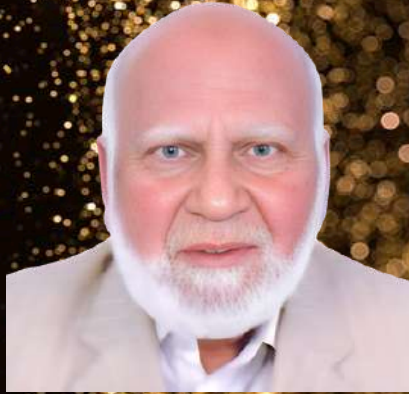
With deepest respect and warm regards  
Prof. Tahera Ayub



**Prof. Dr. Tahera Ayub**



# In the Memory of Deceased Faculty of LCMD



**Prof. Dr. Sarwar**  
HOD Examination



**Prof. Dr. Naseer**  
HOD Pathology



**Prof. Dr. Fida Hussain Jaferi**  
HOD Anatomy



**Dr. Syed Haider Raza**  
General Surgeon



**Dr. S.J.H Qadri**  
Associate Professor Operative



**Prof. Raza Shaikh**  
Professor Orthodontist



**Prof. Dr. Azmat Ullah**  
HOD General Pathology



**Prof. Dr. Nek Muhammad**  
HOD General Surgery



**Dr. Summayyah**  
Anatomy Demonstrator



# COMMENCEMENT, WHITE COAT, AND OATH-TAKING CEREMONY

## THE SILVER JUBILEE CLASS



Liaquat College of Medicine and Dentistry-College of Dentistry (LCMD-CoD) recently hosted a grand "Commencement, White Coat, and Oath-taking Ceremony," for its fresh students batch in the first week of March 2024.

The guests, including Prof Dr. Khalid Masood Gondal, President of the College of Physicians and Surgeons Pakistan, and Vice-Chancellor of Fatima Jinnah Medical University, were the chief guests, while the Consulate General of the United Arab Emirates, Dr. Bakheet Ateeq Al Remeithi, and the Consulate General of Russia, Mr. Andrey Viktorovich Fedorov, were guests of honor, highlighting the importance of international collaboration in healthcare and education.



The Chairman, Amir Walliuddin Chishti, and Vice Chairman, Dr. Ali Farhan Razi, along with College of Medicine Principal Prof. Dr. Rashid Naseem, were also present. On the occasion, mementos were presented to the chief guest, Prof Gondal, and the guests of honor, Dr. Bakheet Ateeq Al Remeithi and Mr. Andrey Viktorovich Fedorov, along with their respective teams.

As a symbolic gesture denoting the start of their professional journey, each student was given a white coat. At the oath-taking ceremony led by Vice Principal Prof. Dr. Naheed Najmi, the students reiterated the pledge to serve humanity with compassion, integrity, and excellence.





# Announcement of Multidimensional Teachers' Evaluation

JULY-DECEMBER 2023

## Establishing Multi-Dimensional Teaching Evaluation System for Teachers

The effectiveness of traditional teacher evaluation have little to no impact on changing teacher behaviour or improving student achievement. Our Principal Prof. Dr. Navid Rashid Qureshi, proposed that QEC implement a multidimensional evaluation system to assess our faculty members.



## TOP RANKED SENIOR FACULTY

Multidimensional teacher evaluation results represent a paradigm shift from simplistic, one-dimensional assessments towards a holistic approach that considers various facets of teaching effectiveness. This system will not only gauge their teaching level, including the continuous optimization of knowledge structure, mind, emotion, attitude, values, etc., but also closely relate to the academic culture and academic management system of the institute

## TOP RANKED JUNIOR FACULTY



# JOURNEY OF LIAQUAT COLLEGE OF MEDICINE & DENTISTRY



**COLLEGE NAME ANNOUNCEMENT & PMDC INSPECTION 1999**



**GLORY OF BDS BATCH 1 (2001)**

**HEC INSPECTION 2005**





# The Journey Continued...



**COMPETITIONS AND ACHIEVEMENTS**



**LCMD CONVOCATION 2008**

**LCMD CRICKET TOURNAMENT**





# Shining Gems Of LCMD

## OUR ALUMNI



**Prof. Dr. Uzma Zareef**  
 Professor & HOD  
 Oral Pathology Department  
 BDS, MCPS, MDS, CHPE

It is with immense pride that I introduce myself as a member of the pioneering batch of alumni from the Liaquat College of Medicine and Dentistry (LCMD). I Dr. Uzma Zareef, the Head of the Oral Pathology Department and a supervisor for the MS/MD Program at Karachi University. I really feel proud being the graduate of LCMD and completed my post graduation MCPS in Oral Surgery from CPSP, and MDS in Oral Pathology from Ziauddin University. With a strong work ethic and dedication to my field, I strive to contribute to the advancement of oral pathology and provide the best possible education to my students.

It has been an honor and a privilege for me to be a part of LCMD. During my youth, I enlisted in LCMD, and I emerged as an adult upon completing my education. There's a belief that maintaining a friendship for over seven years ensures a lifelong connection with that person. I think I can say the same thing about my friendship with LCMD. The staff and faculty were exceptional. I recall Dr. Navid's lectures vividly, and occasionally, I reach out to him for book recommendations. His consistent responsiveness reflects commitment to students.



**Dr. Ahad Shafiq**  
 BDS, PGR | OMFS RESIDENT



**Dr. Afifa Razi**  
 BDS, FCPS HOD Oral Medicine  
 Ziauddin University

As pen down these words, I am filled with immense gratitude and nostalgia, reflecting on the incredible journey that began with Batch 1 and has brought me to where stand today. Reflecting my journey from Batch 1 to a Gold Medalist in the BDS program and subsequently pursuing a postgraduate degree FCPS in Oral and Maxillofacial Surgery under the esteemed guidance of Prof. Navid Rashid, I am filled with gratitude. Joining Ziauddin University assumed the role of the Head of Department of Oral Medicine. This marked a significant milestone, highlighting the institution's innovation.

Reminiscing the days I have spent in LCMD, left an indelible imprint on my heart. It was a place where I spent the most memorable years of my life. I feel proud to be a graduate of first BATCH and I'm delighted to have been a student of such an esteemed institution where I grew professionally, learned and moulded myself into becoming where I am. I would like to convey my heartfelt appreciation to the Principal and incredible teachers for their Priceless efforts and dedication which plunged me for Post-graduation from QUEENS MARRY University UK. Proud to be LCMDIAN.



**Dr. Nusrat Jabeen**  
 BDS, MSC UK | HOD  
 Oral Biology Shifa College of Dentistry



# CONTINUOUS DENTAL EDUCATION COMMITTEE EVENTS



**STEP-WISE APPROACH TO DENTAL IMPLANT**



**WORKSHOP ON CROWN AND BRIDGE**



**DEMISTIFYING ROTARY ENDODONTICS**



# UNVEILING SURGICAL EXPERTISE



## SINUS LIFT & BONE AUGMENTATION WORKSHOP AT LCMD

**14** Pakistan Conference on Oral & Maxillofacial Surgery  
EMERGING CHALLENGES FOR THE DENTIST

**POST CONFERENCE WORKSHOP**

### SINUS BONE GRAFTING IN IMPLANT DENTISTRY

**LEARNING OBJECTIVES**

- Develop knowledge of clinical anatomy of maxillary sinus, alveolar ridge, and surrounding structures.
- Learn optimal surgical techniques for sinus lift (lateral and crestal approach) for bone augmentation and sinus lift procedures.
- Understand the principles of bone graft material selection, including autogenous, allograft, xenograft, and synthetic options, based on patient-specific needs.
- Learn indications and contraindications of sinus lift and bone augmentation with or without implant placement.
- Develop basic skill in elevating the sinus membrane and preventing intraoperative and postoperative complications.

**Nov 15, 2023**  
Liaquat College of Medicine & Dentistry, Karachi

**FOCAL PERSON**  
Dr Alia Naveem  
0336 1214305

**FOR REGISTRATION VISIT**  
<https://www.pcoms.com.pk/registration>

**DR. NAVID RASHID QURESHI**  
Principal, Liaquat College of Medicine & Dentistry, Karachi

**DR. NOOR UL WAHAB**  
Professor of OMS, Ziauddin University, Karachi

**DR. TAHERA AYUB**  
Professor of OMS, Liaquat College of Medicine & Dentistry, Karachi

# WORKSHOP ON CAST PARTIAL DENTURE DESIGNING



On 24th and 25th January 2022, the Department of Prosthodontics, in collaboration with CDEC conducted a two-day workshop on "Cast Partial Designing".



# DENTAL DIGITAL PHOTOGRAPHY COMPETITION 2023

The Co-curricular Committee, of Liaquat College of Medicine & Dentistry, organized a Dental Digital Photography event on June 22, 2023. The event aimed to foster creativity among BDS students beyond academics, aligning with the college's vision. Over 33 participants from various years of BDS enrolled, presenting individual and group entries.



## CELEBRATING LEGACY THROUGH CRICKET: 2ND LCMD INTERDENTAL COLLEGE CRICKET TOURNAMENT 2023



LCMD hosted a vibrant two-day Interdental College Cricket Tournament on August 21st & 22nd, 2023, at the NED & IBA (UOK) Ground, commemorating the remarkable legacy of

Prof. Dr. Talha M Siddiqui, former Principal of Baqai Dental College. The organizing team, led by Prof. Dr. Navid Rashid Qureshi, Prof. Dr. Saad Usmani, and Dr. Sadaf Asrar, along with chief guest Mr. Hamza Chishti, ensured the event's success. With Mr. Murad and his sports consultancy team's support, LCMD encouraged sportsmanship and healthy competition among the 15 participating dental colleges.





# Liaquat College of Medicine & Dentistry – BDS Sports Event 2023



The Co-curricular Committee of Liaquat College of Medicine & Dentistry, organized a two-day BDS Sports Event on August 22nd and 23rd, 2023. The event aimed to promote sportsmanship and healthy competition among students, with various indoor and outdoor games such as badminton, cricket, futsal, table tennis, throw ball, tug of war, and arm wrestling. The event was graced by Mr. Hamza Chishti as the chief guest



## HUMAN RESOURCE DEPARTMENT LCMD



Employee Well Being Session  
HR Department arranged a session for the employees goodwill.

All senior and junior faculty members from college of medicine and College of Dentistry have participated in the session.

### HAJJ FACILITY

Since 2010, around 50 MEMBERS have been facilitated.

### HEALTH FACILITY

During last five year around 1000 number of patients have been facilitated.

### OTHER FACILITIES

- Provident Fund
- Day care
- Staff meal on subsidize rates

## HAJJ Nominees for 2024



ASAD ALI  
ADMINISTRATION



AIJAZ ALI  
EXAMINATION



# The Annual Research Day 2023 Orchestrated by the Student Scientific Committee



With the principal aim of cultivating a research culture among undergraduates, the occasion showcased the institution's commitment to advancing scholarly pursuits. Dr. Amna Rehman, (Assistant Professor OMFS) serving as the chairperson, and Dr. Samreen Malik, as the Secretary, steered the event. The event witnessed the enthusiastic participation of 25 research groups from the first year, comprising 75 students, alongside 12 groups from the third year and 17 comprehensive studies from the final year. Distinguished faculty members from different dental colleges and in-house senior faculty were invited as jury members. The culmination of the event saw the recognition of 9 outstanding posters, with cash prizes awarded by the respected Principal and chief guest.



# Do You know your Faculty?

Question No.1

Which professor is the ultimate destination planner, known for organizing impromptu picnics and turn any dull day into a sun-soaked adventure?

- a) Dr. Navid Rashid Qureshi
- b) Dr. Tahera Ayub
- c) Prof. Dr. Naheed Najmi
- d) Dr. Irum Munir Raja

Who is the one you have to track down like a treasure hunt master during Ramadan to secure your well-deserved vacation?

- a) Dr. Navid Rashid Qureshi
- b) Dr. Tahera Ayub
- c) Prof. Dr. Naheed Najmi
- d) Dr. Irum Munir Raja

Question No.2



Question No.3

Which professor is famously punctual, running their domain like a time-obsessed dictator, and unleashing wrath on anyone tardy past 8:30?

- a) Dr. Navid Rashid Qureshi
- b) Dr. Tahera Ayub
- c) Prof. Dr. Naheed Najmi
- d) Dr. Irum Munir Raja

Which professor is known for her friendly demeanor, often offering comforting words to stressed-out students, indulging in poetic musings and engaging in lengthy conversations?

- a) Dr. Navid Rashid Qureshi
- b) Dr. Tahera Ayub
- c) Prof. Dr. Naheed Najmi
- d) Dr. Irum Munir Raja

Question No.4

Scan To Answer





# Student's Corner

Hello readers! I am Aiman Asif student of BDS batch#22. I would like to present my creative skills in the form of stencil art. Stencil art is a beautiful form of expression which presents dark silhouettes on white background. This translates into the pictures looking almost perfect and extremely satisfying.



*Stay  
Tuned*

**In The Upcoming Issue...**

- **College of Dentistry celebrates World Oral Health Day On 20<sup>th</sup> March.**
- **Introducing the young and energetic Chairperson of Online Committee.**
- **Session on Students Management organized by Department of Students Affairs.**



# The Reflections Team



Dr. Anjum Fahad



Dr. Abul Faraz



Dr. Sadaf Talha



Dr. Tauseef Ahmed



Dr. Arsalan



Dr. Saim Siddiqui



Dr. Maha Khan



Dr. Maryam Abid



Dr. Afshan Faizan



Dr. Syeda Sadia



Sara Ali



Mr. Shahbaz